

Case Study



Aditya

Aditya is 21 and has a learning disability. Aditya enjoyed Watford Mencap's after-school play-schemes till he was 18 and his mum says they were a 'life-saver'.

The Watford Mencap community support services provide respite for the family and support for Aditya to do things that he enjoys, such as shopping for DVDs and bowling. He has, for the first time, attended a mainstream art class at Watford Museum with support from workers, helping to expand and build his repertoire of skills. Aditya also takes part in Watford Mencap's day activity schemes, where he participates in several leisure activities enabling his mother to look after their home and spend time with her teenage daughter.



Aditya at home with some of his artwork.

“ Watford Mencap is totally brilliant. ”

Aditya's mum

People with a learning disability find it harder than others to learn, understand and communicate. Watford Mencap works with adults and children with learning disabilities, their parents and carers, in South West Herts. Although we are affiliated to national Mencap, we are entirely self-funded.



Sponsored by:

John Lewis
Watford

If you would like to know more about our community support services or day activity scheme please call: Angela Stuthridge, community support services: **01923 713621**

To support our essential work please visit our fundraising page at **www.watfordmencap.org.uk**