Autumn 2011/Winter 2012

Three Rivers
Learning Partnership
Promoting Learning
in the Community

Pick up this FREE Guide

or get it online: www.3riverslearningptnrs.btck.co.uk



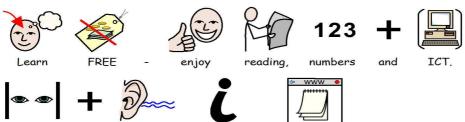


Your Guide to Adult Learning in Three Rivers





with FREE learning opportunities all year!



www.3riverslearningptnrs.btck.co.uk



Plus FREE Taster Sessions
across Three Rivers for the
Family Learning Festival
Saturday 15-Sunday 30 October 2011

Organised by:

Three Rivers Learning Partnership

For Learning Festivals & FREE learning activities all year: www.3riverslearningptnrs.btck.co.uk

THREE RIVERS LEARNING PARTNERSHIP: YOUR GUIDE TO ADULT LEARNING IN THREE RIVERS

Autumn 2011/Winter 2012

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INTRODUCTION

Use 'Your Guide to Adult Learning in Three Rivers' to help you to find local organisations that provide learning activities, support and FREE learning opportunities. See the A-Z of Local Learning Opportunities for a wide range of organisations that offer courses and classes. Not all are free, but many offer free Tasters for the learning festivals and during the year.

- If you want help with Learning English or improving reading, writing or numbers see pages 3, 7, 13 & 14.
- Please help or encourage someone you know to sign up.

You are invited to join in the Family Learning Festival: Saturday 15-Sunday 30 October 2011

- Three Rivers Learning Partnership with its Partners offers you FREE Tasters of Learning to celebrate the Festival providing a great opportunity to try something new.
- Our family learning definition is very flexible; including friends as well as family, reflecting the range of support relationships that individuals rely on, and not necessarily involving more than one generation.
- Where children attend they must be of the age specified and adults must stay for whole session
- Most Tasters need to be booked but some are just turn up.
- We hope you get along to some Tasters but if you miss something of interest, do contact the provider, there's
 probably something similar on offer just not necessarily free.
- We hope that you enjoy learning in Three Rivers.

Get the latest Festival information at: www.3riverslearningptnrs.btck.co.uk

Three Rivers Learning Partnership - Promoting Learning in the Community Venue addresses pages 16-19

YOUR GUIDE TO ADULT LEARNING IN THREE RIVERS

Autumn 2011/Winter 2012

WHERE TO GET HELP & SUPPORT: SKILLS FOR LIFE



Speaking English

ESOL (English for Speakers of Other Languages):

- o ASCEND
- West Herts College
- o Jobcentre Plus (refer people on benefits for free tuition)

Play & Language with Your Child (under 5):

- o Community Learning Partnership
- Mill End Community Centre
- Some Children's Centres





Reading, Writing & Numbers

(Literacy & Numeracy):

- o ASCEND
- Community Learning Partnership
- Maple Cross JMI
- South Oxhey Children's Centre
- West Herts College

Using Computers (ICT: Information & Co

(ICT: Information & Computing Technology):

- Abbots Langley Children's Centre
- Abbots Langley Library
- o ASCEND: run at ASCEND & Step Up'
- Chorleywood Library
- Community Learning Partnership
- Croxley Green Library
- o Maple Cross JMI
- 9 Lives for people with mental health or learning disability
- Oxhey Library
- o Parmiter's School
- Rickmansworth Library
- St Joan of Arc School
- U3A Chorleywood
- U3A Sarratt
- o WEA
- Wenta (Website Design only)
- West Herts College
 Plus Three Rivers District Council
 FREE computer courses (see page 8)

Book Groups & Literature:

- ASCEND (Scribblers)
- Oxhey Library Reading Group
- Three Rivers Learning Partnership, ASCEND & Oxhey Library (Quick Reads Book Club)
- U3A Chorleywood
- U3A Croxley Green
- U3A Rickmansworth
- U3A Sarratt



Free PC & Internet access (no tuition)

- Ebury Way Children's Centre
- Mill End Community Centre
- o Watford Mencap in Rickmansworth
- o Watersmeet

ONLINE:

- BBC raw provides materials & activities for adults who want to improve their reading, writing numeracy at BBC raw, the place where you can develop your skills for everyday life: www.bbc.co.uk/raw/
- Three Rivers Quick Reads Book Club latest information: www.3riverslearningptnrs.btck.co.uk

LOCAL: RaW Friends at ASCEND see page 7 and 20208 420 1364



INFORMATION, ADVICE & GUIDANCE & JOB SEARCH

IAG (Information, Advice & Guidance):

- o ASCEND: run at ASCEND & Step Up
- Careers Advice Service: www.careersadvice.direct.gov.uk
- Connexions (help & support for all 13-19s)
- o HCS Careers
- Next Step (people 19 & over)
- Rickmansworth Children's Centre
- Watford Mencap (people with learning disabilities)
- West Herts College
- Work Solutions (people with disabilities)



Job Search, CVs, etc.:

- ASCEND
- Connexions (help & support for all 13-19s)
- Guideposts Trust (support for people with mental health issues)
- HCS Careers
- Jobcentre Plus
- Next Step (people 19 & over)
- Rickmansworth Children's Centre
- South Oxhey Children's Centre
- Watford Observer
- West Herts College
- Work Solutions (people with disabilities)

Apprenticeships (16-65s):

- Next Step (people 19 & over)
- West Herts College
- YMCA Woodlands

Skills training for those facing redundancy or newly out of work:

o Next Step (people 19 & over)

Women Returners / Women Entrepreneurs

Wenta

Pre-Retirement:

- o HCS Careers
- o Next Step (people 19 & over)

Executive Coaching:

- o HCS Careers
- o Next Step (people 19 & over)

Training For Work / Workplace Learning:

- ASCEND
- 9 Lives (people with mental health or learning disability)
- HCS Careers
- Next Step (people 19 & over)
- West Herts College

Training For Volunteering / Volunteers:

- ASCEND
- CVS in Three Rivers
- Home-Start (Watford & Three Rivers)
- WEA

Financial Advice

Next Step (people 19 & over)



Gas Safe Re-assessment Centre

Courses from January at the newly refurbished
West Herts College's Construction & Engineering Centre, Kings Langley.
Work towards your official Gas Safe licence (formerly Corgi).

Details of local Job Club on page 9



WHERE TO GET FREE LEARNING: A-Z OF LOCAL LEARNING OPPORTUNITIES: A-H

Arts & Crafts:

- o ASCEND run at Step Up
- Community Learning Partnership (Artist Trading Cards, Felt-Making, Fabric Books, Canvas Stitch & Making Jewellery)
- Ebury Way Children's Centre (Knitting &

Crocheting)

- Mill End Community Centre (Flower Arranging & Oil Painting)
- Parmiter's School (Art /Pottery)
- o Three Rivers District Council Everyday Active
- U3A Chorleywood
- U3A Croxley Green
- o U3A Rickmansworth
- U3A Sarratt
- Watford Rural Parish Council (Pottery)
- West Herts College



Boat Handling:

Rickmansworth Waterways Trust, Batchworth Lock Canal Centre

Book Groups & Literature - see page 3

Business:

- West Herts College
- o Wenta



Childcare & Parenting:

- o Abbots Langley Children's Centre
- o Ebury Way Children's Centre
- o Rickmansworth Children's Centre
- West Herts College

Citizenship:

Centre for Voluntary Service in Three Rivers

Community Learning Champions:

Community Learning Partnership (CLP Angels)

Cookery:

- o Community Learning Partnership
- West Herts College





Dance:

- o Mill End Community Centre (Ballet/Ballroom/Tap)
- West Herts College

Discussion Group:

U3A Sarratt (Philosophy)



Environment & Science:

- o ASCEND Dig Deep Allotment
- U3A Sarratt

Family Learning:

- o Community Learning Partnership
- Rickmansworth Children's Centre

For courses funded by Hertfordshire Adult & Family Learning Service check with local school or HAFLS

First Aid & Home Safety:

o Ebury Way Children's Centre

Financial Literacy:

West Herts College

Furniture Restoration:

9 Lives for people with Mental health or learning disability

Health & Fitness:

- Countryside Management Service (Walking)
- Maple Cross Community Centre (Football, Karate & Circuit Training)
- Mill End Community Centre (Exercise, Yoga, Zumba & Women's Running)
- Rickmansworth Children's Centre
 (Stroller Fitness, Healthy Lifestyles, Cookery)
- Three Rivers District Council Everyday Active
- o U3A Chorleywood (Pilates, Tai Chi, Walking)
- U3A Croxley Green (Walking)
- U3A Rickmansworth (Tai Chi, Keep Fit, Walking)
- U3A Sarratt (Walking)
- West Herts College
- YMCA Woodlands
- Yogatree (Yoga)



A-Z OF LOCAL LEARNING OPPORTUNITIES: H-Z

History, Local History & Family History:

- Abbots Langley Library
- o Batchworth Lock Canal Centre
- Chorleywood Library
- Croxley Green Library
- o Oxhey Library
- o Rickmansworth Library
- o Three Rivers Museum, Rickmansworth
- U3A Croxley Green
- o U3A Rickmansworth
- o U3A Sarratt

Languages:



- British Sign Language: Parmiter's School,
 West Herts College
- French: U3A Chorleywood, U3A Croxley Green,
 U3A Rickmansworth, U3A Sarratt
- German: U3A Chorleywood,
 U3A Rickmansworth (Conversation)
- o Latin: U3A Chorleywood
- Italian: U3A Rickmansworth (Conversation),
- U3A SarrattSpanish: Parmiter's School (Beginners),

. U3*A* Sarratt

Music:

- St Joan of Arc School
- U3A Chorleywood
- o U3A Rickmansworth
- o WEA
- West Herts College
- West Herts College

Personal Development:



- o ASCEND
- Community Learning Partnership
- o WEA
- West Herts College

Warehouse & Retail:

9 Lives (for people with Mental health or learning disability)



In Three Rivers there are many free learning opportunities, but where there are charges there may also be discounts, so please ask.

Also check if you are eligible to study for free:

- Free tuition for Level 2 courses: If you are over 19 years & do not have a full Level 2 qualification (i.e. 5 GCSEs grades A to C or equivalent) then you could be eligible for free tuition.
- Free tuition for Level 3 courses: If you are over 19 & under 25 years, without previous Level 3 qualifications (i.e. 2 A Levels or equivalent) then these courses are available to you for free with government support.
- To receive free tuition you must meet criteria as set out by both the Government and the course provider.
- If you're between 14 & 25, without a job and not currently in education, The Prince's Trust may be able to help you overcome your barriers with a small cash grant.
- Get in touch: www.princes-trust.org.uk or mww.princes-trust.org.uk or <a hr

Also check this national site:

www.skillsfundingagency.bis.gov.uk/training

WHAT DO YOU THINK ... about learning opportunities in Three Rivers?

Are you a learner or prospective learner who would like to make your views known?

If so contact:

www.3riverslearningptnrs.btck.co.uk

If you cannot find the information that you need from any of the organisations in this Guide, please contact

Three Rivers Learning Partnership: www.3riverslearningptnrs.btck.co.uk



FREE COURSES OF LEARNING - COMING SOON WHAT WHERE & WHEN CONTACT & BOOKING Reading, Writing & Numbers & ESOL Sign up now: Community Learning Partnership At primary schools ♦ Courses for parents with children: Contact Elizabeth on: Once upon a time: for parents & 4-7s, Abbots Langley @ 0208 421 5544 or traditional stories from a range of cultures Maple Cross **№** 07771 992 895 Literacy & Living Things: literacy themed to Mill End nature for parents & children 3-5s Over Land and Sea: numeracy for parents & 7-11s South Oxhey Family Fun with Hartbeeps: for parents & 3-5s, includes singing and music Plus many more tasters and courses including with art, singing & cookery and arts & crafts. ♦ Courses for Adults: •ICT •Cookery •Artist Trading Cards •Felt-Making •Fabric Books •Canvas Stitch •Making Jewellery •Learning Champions •Your Time to Shine. Entry level courses for adults with low literacy and/or numeracy skills. Quick Reads Book Club: Do you, or someone you know, Oxhey Library, Jointly organised by: need encouragement to read more and/or to develop ASCEND, Step Up ■ Three Rivers Learning reading and/or discussion skills? This small, friendly Partnership Each month book group welcomes new members. ■ Hertfordshire Library Service is available from the Library. ■ ASCEND / Step Up We discuss the Quick Reads book of the month. Quick but you don't need Reads are short, exciting books by bestselling authors For dates & more details: to have read it to & celebrities for adults, who are new to reading, have Oxhey Library: come along lost the reading habit, or who prefer a quick read. to join in. Some people read Quick Reads because they are: a great way to sample authors new to them Three Rivers Learning a handy size for commuters (of about 100 pages) **Partnership** www.3riverslearningptnrs.btck.co.uk printed in a clear, large font. ESOL Classes (English for Speakers of Other **ASCEND** Book in advance with Jane or Languages) covers speaking, listening reading & writing. Sue or for more information Mondays - ongoing contact ASCEND. Admin fee **ASCEND** RaW Friends: fun workshops & activities, meet new £12.50 **@ 0208 420 1364** Tuesdays 0930-1200 friends whilst you improve your reading & writing skills. Business Let's Talk Starting in Business: this seminar will give Monthly courses in Run in partnership with you the tools to help your business take off. Watford. Next: Barclays. For more information about this & other business ① 0930-1430 If you know what you want to do and really believe you courses or to book contact can do it, this seminar can really help. Whether you're Wednesday Wenta: 20 0845 371 0891 considering setting up as a sole trader, a partnership or 19 October or e: admin@wenta.co.uk a limited company, the help and encouragement you'll 2 0930-1430 get can support you in areas such as: Wenta also run courses in Hemel Tuesday 15 •Writing a good business plan •Addressing your legal Hempstead, Luton, Potters Bar, November requirements •Sourcing finance •Taxation and VAT Stevenage and Bedford. •Managing cash flow •Marketing www.wenta.co.uk

| FREE COURSES OF LE | ARNING - COM | ING SOON |
|---|---|--|
| WHAT | WHERE & WHEN | CONTACT & BOOKING |
| Using Computers (ICT: Inform | ation & Computing | Technology): |
| Computer Courses: Come and join one of our popular computer courses taught by friendly tutors. We have sessions for beginners through to experienced users wanting to brush up on their skills. You will receive a College certificate of achievement on successful | | West Herts College is delighted to work in partnership with Three Rivers District Council to promote learning in the local community. |
| completion of your course. If you or someone you know is a Three Rivers Resident who is on benefits, unemployed, seeking employment, or with particular needs (e.g. if you are a carer, a lone parent or have a disability which the computer training | Courses at: Croxley Green Library Oxhey Library | Enquire now about funding for your course by contacting Mary Fraser at Three Rivers District Council on: 🕾 01923 727 101 |
| will help you with) and you wish to gain confidence and learn new skills in preparation for going back to work, ask us for sponsorship to attend one of these classes. | Times: Daytime & evening courses available | For full course details contact West Herts College on: 10 01923 812 345 or visit: 11 www.westherts.ac.uk |
| Var | rious | |
| Courses for people with mental health or learning | 9 Lives Furniture | Contact Marie for details: |
| disability: | 6 wks Monday or | ☎ 01923 718 666 |
| Computers for complete beginners - internet, email and basic letters | Friday 1000-1230 starts October | www.9livesfurniture.org.uk/ |
| Furniture Restoration: 1 day (Tuesday, Wednesday or Thursday). Day negotiable. | Ongoing: Tues, Wed or Thurs 1000-1430 | |
| Warehouse & Retail: 1 day (Tuesday, Wednesday or – Friday). Hours and day negotiable. | Ongoing: Tues/Wed or Thurs | |
| Welcome to the World: New Mums Group of 0-6 mths. The early weeks with a baby can be full of mixed emotions. Gaining a network of friends in these early days is important and helpful. Why not sign up for this course, meet new mums and gain some useful knowledge in areas such as 1st Aid and childhood immunisations? | Abbots Langley Children's Centre Wednesdays 9, 16, 23 & 30 November 1000-1130 | Book your place on this 4-week course @ 01923 268 105 |
| Recycled Christmas Decorations | ASCEND Monday 5 Dec 1000-1600 | Book in advance with Jane or Sue ☎ 0208 420 1364 |
| Recycled Christmas Outfits: bring a garment to make sparkle & bring back to life. | ASCEND Monday 12 Dec 1000-1600 | ** admin fee £7.50 ASCEND also offers volunteer |
| Learn to Drive online | ASCEND Ask for dates | placement and support, training, funding advice, information and guidance concerning good practice and a range of opportunities for networking. www.ascend.org.uk |
| Angels: Community Learning Champions: Have fun learning how to help others get involved with learning. | Community Learning Partnership | New course soon. Details from Elizabeth: © 0208 421 5544 or © 07771 992 895 |

| FREE LEARNING | OPPORTUNITIE | S THROUGHOU | T THE YEAR |
|--|--|--|--|
| WHAT | | WHERE | CONTACT & BOOKING |
| Using Compu | ters (ICT: Inform | ation & Computing | Technology): |
| Computing: (Go On) UK Online training. | Bite size learning | Step-Up: 1000-1500 Wednesdays. Hourly sessions on the hour. | Drop-in sessions. Information from Roy at ASCEND © 0208 420 1364 |
| Free Internet Access with 1-1 s self-help books. | support, laptop and | Abbots Langley Children's Centre Mon-Fri 0900-1700 | For more information contact № 01923 268 105 |
| Free Internet Access (no tuition) office applications, supplied by The Council, available for 1-hour session Also soon at Sarratt Post Office, More partner venues sought - continued to the continued of the cont | ree Rivers District ons. phone for details. | Mill End Community Centre Watersmeet (in Rickmansworth) MENCAP (in High St. Rickmansworth) | Mill End CC ☎01923 493 344 (Mon-Thur 0900-1200) Watersmeet ☎01923 727 391 MENCAP ☎ 01923 713 627 More info on scheme from Kevin Snow ☎01923 727 255 |
| Libraries: · Borrow books, maps, videos, DVD audio books, language courses, m · Find information, read a newspap · Use our computer facilities, inclu · Attend a storytime, a baby rhym club or a reading group · Photocopy or send a fax | usic scores & playsets er or magazine Iding internet access | Libraries: Abbots Langley Chorleywood Croxley Green Oxhey Rickmansworth | © 0300 123 4049 (textphone 0300 123 4041) See website for revised opening hours: www.hertsdirect.org/libraries |
| Info | rmation, Advice & | Guidance & Job Se | arch |
| Job Centre Plus: This service is a children under 5 who are looking t | | South Oxhey Children's Centre Monthly Monday afternoon. | Monday 10 October afternoon. For future dates & booking (required) Contact: Jaz on ☎ 01923 204 716 |
| Job Club: includes help with CV w research; use of office facilities. Advice, support to apply for jobs interview techniques. | Online Careers | Step Up: Fridays 1300-1600 | Contact Liz or Angie at ASCEND for more information: © 0208 420 1364 |
| | His | tory | |
| Three Rivers Museum: Displays i and historic background to the are William Penn and Moor Park Mansi are past & present photographs are local residents & retrieved from a | ea with features on on. Popular features nd items donated by | Monday to Friday: 1400-1600Saturday: 1000-1600& by arrangement. | The Museum is at the front of Basing House, next to library & Watersmeet 18 01923 727 333 www.trmt.org.uk |
| Croxley Great Barn Tour: Visit of Hertfordshire's oldest (c.1398) to buildings: a Grade 2*, 5-bay, aisled after 10-15 minute walk along food 24 September •29 October Batchworth Lock Canal Centre: 1 | imber-framed d 'threshing' barn tpath. | Meet: St. Joan of Arc School car park, Rickmansworth High St. at 10.45 a.m. for about 1½ hrs. Mon-Fri 1000-1600 | ™ 01923 772 325 April to October: last Saturday of month. Parking available in school car park. Groups welcome. ™ 01923 778 382 |
| walking & cycling in area, boat trip | | Sat-Sun 1000-1700 | www.rwt.org.uk |

| FREE LEARNING OPPORTUNITIES THROUGHOUT THE YEAR | | | | |
|---|---|---|--|--|
| WHAT | WHERE & WHEN | CONTACT & BOOKING | | |
| Arts & Crafts | | | | |
| Knit-Natters: Knitting & Crocheting. Drop in to learn these new skills. 5 & 19 Oct; 2, 16 & 30 Nov & 14 Dec. Voluntary donation appreciated. | Ebury Way CC Alt. Wednesdays 0945-1115 | Ebury Way Children's Centre © 01923 255 054 | | |
| Adults & Chile | dren Together | | | |
| How to have Family Fun on a Budget: ♣ Money management and budgeting ♣ Shopping and essentials for living ♣ Planning a children's party on a budget ♣ Family fun and healthy eating on a budget ♣ Family fun and fitness on a budget ♣ Buying goods and services - your rights and responsibilities ♣ Teaching your children about money | South Oxhey Children's Centre Tuesdays 0930-1130 13 Sept - 17 January (15 week course) | Hertfordshire Adult & Family Learning Services working in partnership with South Oxhey Children's Centre. To book please contact South Oxhey Children's Centre on © 0208 700 2203 | | |
| Getting Ready to learn: Learn through play session for the over 2s & their parents, grandparents or guardians. Voluntary donations appreciated. | Chorleywood Primary School Tuesday 1330-1500 | Chorleywood & Loudwater Children's Centre: © 01923 484 903 | | |
| Saturday 2: Fun drop-in story & craft activity Sessions. | Chorleywood & Loudwater CC: Monthly 2 nd Saturday 1000-1130 | Chorleywood & Loudwater Children's Centre: © 01923 484 903 | | |
| Families unlimited! A drop-in session for all the family who have children under 5 (runs alongside baby clinic). | Maple Cross Club 1000-1200 4 th Saturday (not Dec): 24 Sept, 22 Oct, 26 Nov. | Call Rickmansworth Children's Centre for more details: 10 01923 772 094 | | |
| Cookery Lessons: Meal preparation for cooking on a budget. | Rickmansworth Children's Centre Coming in January | Call Rickmansworth Children's Centre for more details: © 01923 772 094 | | |
| Positive Beginnings: Home-Start, Rickmansworth Children's Centre & Maple Cross JMI want to reach out to families with young children in Maple Cross, to meet you and hear what you need to ensure that your family has the best start in life. Please come along to meet us. | Maple Cross JMI School Wednesday Term-time 1000-1200 | Call either: Home-Start Watford & Three Rivers: © 01923 248 010 or Rickmansworth Children's Centre: © 01923 772 094 | | |

| FREE LEARNING OPPORTUNITIES THROUGHOUT THE YEAR | | | | |
|--|--|--|--|--|
| WHAT | | WHERE & WHEN | CONTACT & BOOKING | |
| | Health d | h & Fitness | | |
| Are you a Carer? When accompanying the person you care for, you get free admission to: ① Swimming at these centres ② Tea Dances - monthly: 1330-1600 Tuesdays 4 Oct, 8 Nov & 13 Dec. | | Sir James Altham Pool The Centre William Penn Leisure Centre | ② • Chorleywood Memorial Hall Details: Three Rivers District Council: ② 01923 776 611 www.igeteverydayactive.co.uk www.threerivers.gov.uk | |
| Outdoor Gyms for everyday active add These gyms offer you the opportunity to exercising, whilst enjoying fresh air. 7 equipment provide a range of exercise of including toning of upper & lower body & heart & lungs. Whether you're out walk having a stroll in the Park or taking the grandchildren to the Play area, why not | to have fun items of opportunities, is fitness to king the dog or children or | Leavesden Country Park, Abbots Langley Barton Way play area, Croxley Green Ebury Play Area, Rickmansworth Hayling Rd Play Area, South Oxhey. | Details: Three Rivers District Council: ② 01923 776 611 www.igeteverydayactive.co.uk www.threerivers.gov.uk | |
| HEALTH WALKS | WHEN | WHERE | INFORMATION | |
| Two Walks in Abbots Langley: ① moderate 3-miles, possible hills & stiles ② easy/moderate, 2-miles, no hills/stiles Two Walks in Rickmansworth: Both moderate 3-miles, fast pace moderate hills and possible stiles. ①24 Sep, 22 Oct & 19 Nov ② 9 Oct, 6 Nov, 4 Dec Walk in Chorleywood 6 Oct, 3 Nov. Easy/moderate, 2-miles, no hills/stiles. Buggy friendly - In conjunction with Chorleywood & Loudwater Children's Centre. | Thursdays ① & ② 1000-1100 Saturdays ① 1500 Sundays ② 1500 Thursdays 1000-1100 | Meet: WD5 OAY (Abbots Langley High Street Car Park). Meet: WD3 8SY Mill End Baptist Church, Field Way Meet: WD3 8JN William Penn Leisure Centre car park, Shepherd's Lane Meet: WD3 5RU Cricket Pavilion, Chorleywood Common, off Rickmansworth Rd. | Health walks are an ideal way of taking exercise: Suitable for all ages & abilities Local, short and free Sociable - walk in groups and meet new people Strengthen your heart, muscles and bones Good for your wellbeing, de-stress and increase your confidence Most walks take place every week; for more information: Countryside Management Service: | |
| A choice of Walks in Croxley Green: ① & ② 7, 21 Oct, 4, 18 Nov, 2, 16 & 30 Dec ① Moderate 3-miles, fast pace moderate hills and possible stiles. ② 1-hr walk also available. ③ Moderate 3-miles moderate hills, fast pace and possible stiles. ④ On request, easy/moderate 2-miles, moderate hills, no stiles. | Fridays (see dates) ① 1000-1130 ② 1000-1100 Fridays: meet at 0950 for: ③ 1000-1130 ④ 1000-1100 | ① & ② Meet: WD3 3RX Harvester (The Two Bridges), Baldwins Lane ③ & ④ Meet: WD3 3HX Coach & Horses, The Green | © 01727 848 168 www.hertslink.org/cms/healthwalks/ | |

FAMILY LEARNING FESTIVAL 2011



FREE Taster Sessions Saturday 15 to Sunday 30 October

For the latest Festival information: www.3riverslearningptnrs.btck.co.uk

| SATURDAY 15 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
|---|---------------|----------------|--|
| Bookstart Bear Club: Learn new rhymes to sing with your child, meet the Bookstart bear and join our brand new club. Suitable for families with children under 4 years old. | 1100- 1200 | Oxhey Library | No need to book in advance. For more information call: |
| SUNDAY 16 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
| Autumn Walk & Talk: Learn about birds, flowers & local flora & forna at Maple Lodge a 40-acre nature reserve consisting of lakes, marsh, hedgerows & wooded plantation. Followed by free coffee & cake. Members can learn conservation skills. | 1400- 1600 | Maple Lodge | Please book with Maple Lodge Conservation Society www.maplelodge.org 101923 230 277 |
| MONDAY 17 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
| Computing Together: 1-2-1 taster for you and | 0900- | Abbots Langley | For details and to book ring |

| MONDAY 17 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
|---|---------------|--------------------------------------|---|
| Computing Together: 1-2-1 taster for you and your child together to get started. | 0900- 1200 | Abbots Langley Children's Centre | For details and to book ring Jeanette 🕾 01923 268 105 |
| Beginners Yoga (for adults 18+) free taster class for each new participant. Also classes on: Wednesday 1845-1945 (beginners), 2000-2130 (general) & Thursday 0930-1030 (beginners). | 1845- 1945 | Chess Hall, Loudwater Farm | Halina 2 07528 122 281 Also: Wed 19, Thurs 20, Mon 24, Wed 26 & Thurs 27. |
| Ballroom Dancing: find out if you could be a dancer in the making, like Strictly, for adult beginners - you don't need a partner. | 1900- 2000 | Mill End Community Centre | Also improvers & advanced classes. Book with Diana: © 07771 657 556 e: dwykes-6@tiscali.co.uk |
| Computing: Find out if the European Computer Driving Licence® (ECDL) is for you - if you want a qualification in computing to help with your current job, to develop your ICT skills and enhance your career prospects. No prior knowledge needed to study this European-wide qualification which will demonstrate your competence in computer skills. Covers: Security for ICT Users ICT User Fundamentals Word processing Spreadsheets Database Presentation Using Email & Internet | 1930- 2045 | Parmiter's School | For more information and to book contact Gail on: © 01923 665 754 (Direct line - 0900-1530) |

| TUESDAY 18 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
|--|---|---|---|
| Computing: Want to know how to send an email, do internet shopping or use social networks? Just drop in to have a go. Bite size | ©1100- 1200 ©1400- | Venue details from: 2-01923 712 410 | Drop-in sessions. More info from Sarah at Herts Trade Union Learning Centre: © 01923 201 948 |
| learning | 1500 | weekends) | |
| Spelling, Reading and Numbers Made Easy and Fun: Do you or | ① 1000- 1130 | Mill End Community Centre | Book with Susan e: millendcentre@btconnect.com or 201923 493 344 (Monday-Thursday 0900-1200) More details ** |
| anyone in your family have difficulties with spelling, reading or writing or have dyslexic tendencies? | ② 1230- 1325 | Maple Cross Club | Drop-in to one of these lunchtime session and feel free to bring your lunch. |
| Is your child is bright and yet struggling at school?Do you find it hard to remember 'phone | ③ 1325- 1400 | | Venue details from: 1 10 Part |
| numbers or to add up in your head? | 4 | Maple Cross JMI | Book № 01923 773 189 |
| Good spellers and readers take for granted the simple visualising techniques they use. | 1515- 1645 | | More details ** |
| Come along to learn how to do it easily! | | | |
| Come along to learn how to do it easily! ** For more info | o <mark>rmation:</mark> | www.empoweringlearning | <mark>ą.co.uk</mark> |
| | | | |
| ** For more info | | | |
| ** For more info or contact Olive Hickmott on 🕾 | O7970 8 TIME 0945- 1115 | 54 388 or e: <u>olive@em</u> p | oweringlearning.co.uk |
| ** For more info or contact Olive Hickmott on & WEDNESDAY 19 OCTOBER | O7970 8 TIME 0945- | 54 388 or e: olive@emp | contact & Booking |
| ** For more info or contact Olive Hickmott on ** WEDNESDAY 19 OCTOBER Knit-Natters: Learn to Knit & Crochet. Computing: (Go On) UK Online training at: | 07970 8 TIME 0945- 1115 Hourly 1000- | 54 388 or e: olive@emp WHERE Ebury Way CC | CONTACT & BOOKING Drop-in © 01923 255 054 Drop-in sessions. Details: Roy |
| ** For more info or contact Olive Hickmott on S WEDNESDAY 19 OCTOBER Knit-Natters: Learn to Knit & Crochet. Computing: (Go On) UK Online training at: 1000, 1100, 1200, 1300, 1400 & 1500. ICT Skills Tasters: Learn to use Internet, email - setting up email accounts, online buying, banking, researching holidays. Plus drop-in PC use Mon-Fri 0900-1700 | 07970 8 TIME 0945- 1115 Hourly 1000- 1500 ① 1000- 1200 ② 1400- | WHERE Ebury Way CC Step-Up Watford Mencap office, | CONTACT & BOOKING Drop-in © 01923 255 054 Drop-in sessions. Details: Roy at ASCEND © 0208 420 1364 Information from Rose: |
| ** For more info or contact Olive Hickmott on E WEDNESDAY 19 OCTOBER Knit-Natters: Learn to Knit & Crochet. Computing: (Go On) UK Online training at: 1000, 1100, 1200, 1300, 1400 & 1500. ICT Skills Tasters: Learn to use Internet, email - setting up email accounts, online buying, banking, researching holidays. Plus drop-in PC use Mon-Fri 0900-1700 please book in advance © 01923 713 620 Get Online Event: Drop-in anytime today, you can bring your mum, dad, grandmother, granddad, aunt, uncle, etc. to help them get online. This UK online Centre can also | 07970 8 TIME 0945- 1115 Hourly 1000- 1500 ① 1000- 1200 ② 1400- 1600 1000- | WHERE Ebury Way CC Step-Up Watford Mencap office, Rickmansworth Herts Trade Union | CONTACT & BOOKING Drop-in © 01923 255 054 Drop-in sessions. Details: Roy at ASCEND © 0208 420 1364 Information from Rose: © 01923 713 627 For more information contact Eileen on: © 01923 201 948 |

THURSDAY 20 OCTOBER continued WHERE CONTACT & BOOKING TIME QUICK READS BOOK CLUB 1300-Oxhey Library Reading & Writing can change lives 1430 This Jointly organised by: Come along to join the book club month's Three Rivers Learning Do you or someone you know, need/want Quick Partnership encouragement to read more or to develop Read ASCEND reading and/or discussion skills? book: Hertfordshire Library Service 'Buster Fleabags' Today: 'Buster Fleabags' by Rolf Harris by Rolf Harris More details: About the Book: The happiest times in Rolf Available on loan Three Rivers Learning Harris's boyhood were spent with Buster from Oxhey Library Partnership Fleabags, a bouncy little dog with stuck-up www.3riverslearningptnrs.btck.co.uk ears & a curly tail - as much of a character Quick Reads - and a bundle of energy - as his owner. are fast-paced, Oxhey Library: This is the story of a very special dog. bite-sized books by **2000 123 4049** About the Author: After 50 yrs on stage bestselling writers, More information about the & screen, Rolf Harris sings, draws, paints & ideal for anyone who Quick Reads Book presents on TV; winning National TV Award has lost the reading Club on page 7 5 times for Animal Hospital and painting habit or simply wants the Queen's 80th birthday portrait. a short, fast read. 1515-Maple Cross JMI Making a Short (film): Who's going to be Book with Caroline, School & 1715 For adults & children the Media Mogul in your family? Whether Community Development (7 years & over). you would like to be in front or behind the at West Herts College: ₱ 07920 028 385 camera or look after costumes & props, Caroline.Joyce@westherts.ac.uk come to learn the latest media techniques & get a certificate too! FRIDAY 21 OCTOBER TIME WHERE CONTACT & BOOKING Abbots Langley Support your child: Mums & dads do you Hourly Contact Jeanette to book your want to get better at helping your children 1000-Children's Centre place @ 01923 268 105 or with their reading, writing & numbers and 1600 just drop in for a chat. have fun doing it? We can show you how. More info from Eileen at Herts Sessions at: 1000, 1100, 1300, 1400 & 1500. Trade Union Learning Centre: **☎ 01923 201 948** or Also ESOL (English) Workshop at 1200. 07768 931 246 1300-Contact Liz or Angle at Step Job Club: Get help with CV writing and internet research. Use of office facilities. 1600 Up ASCEND for more information on: 2008 420 1364 ♦ Online Careers Advice • Support to apply for jobs ♦ Help & advice on interview techniques SATURDAY 22 OCTOBER WHERE CONTACT & BOOKING TIME Abbots Langley 1100-Bookstart Bear Club: Learn new rhymes to No need to book in advance. For Library sing with your child, meet the Bookstart 1200 more information call **2** 0300 123 4049 bear and join our brand new club. Suitable for families with children under 4 years old. SUNDAY 23 OCTOBER WHERE CONTACT & BOOKING TIME Batchworth Lock Canal Centre: walking & 1000-Batchworth Lock www.rwt.org.uk

1700

cycling in area info; plus walks details online.

₱ 01923 778 382

| MONDAY 24 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
|---|---|---|--|
| Tasty Tales: A food themed Story session with opportunity to make your own dinner placemat. Library healthy food & healthy living resources available to browse/borrow & Children's Centre staff can advise. | 1400- 1430 | Chorleywood Library | Suitable for families with children under 10. No need to book in advance. For more information call © 0300 123 4049 |
| TUESDAY 25 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
| Shark Workshop: For families, fun & facts about sharks with Aquarist, Kim O'Connor. | 1100- 1200 | Oxhey Library | Places limited. Book with Oxhey library 🕾 0300 123 4049 |
| Computing Together: 1-2-1 taster for you & your child together to get started. | 1400- 1600 | Abbots Langley Children's Centre | For details and to book ring Jeanette 🕾 01923 268 105 |
| WEDNESDAY 26 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
| Autumn Crafts and Planting: Make a willow heart, a decorative leaf bowl & plant spring bulbs to take home. | 0930- 1200 | ASCEND | Limited places; adults may bring 1 child (7+). Contact Jane / Sue at ASCEND © 020 8420 1364 |
| Book Club for Mill End & Maple Cross: Would you or someone you know like to read more or develop reading/discussion skills? Drop in to find out about Quick Reads. | 1000- 1100 | Mill End Community Centre | Book with Susan e: millendcentre@btconnect.com or © 01923 493 344 (Monday-Thursday 0900-1200) |
| Computing: (Go On) UK Online training at: 1000, 1100, 1200, 1300, 1400 & 1500 | Hourly 1000- 1500 | Step-Up | Drop-in sessions. Details Roy at ASCEND 2008 420 1364 |
| THURSDAY 27 OCTOBER | TIME | WHERE | CONTACT & BOOKING |
| THOROUGH ET OCTOBER | ITWC | WHEKE | CONTACT & BOOKING |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). | 1000- 1230 | ASCEND | Contact Jane or Sue at ASCEND © 020 8420 1364 |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. | 1000- | | Contact Jane or Sue at |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). | 1000- 1230 | ASCEND | Contact Jane or Sue at ASCEND 🕾 020 8420 1364 |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). FRIDAY 28 OCTOBER CLP Family Learning Festival: join in our exciting festival, organised in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing, Zumba, Sports & cookery. Also find local | 1000- 1230 TIME 1000- | ASCEND WHERE | Contact Jane or Sue at ASCEND © 020 8420 1364 CONTACT & BOOKING Organised by Community Learning Partnership. Contact Elizabeth Borg on: © 020 8421 5544 |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). FRIDAY 28 OCTOBER CLP Family Learning Festival: join in our exciting festival, organised in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing, Zumba, Sports & cookery. Also find local opportunities to enjoy learning together. Tasty Tales: A food themed Story session with opportunity to make your own dinner | 1000- 1230 TIME 1000- 1430 | WHERE The Centre Croxley Green | Contact Jane or Sue at ASCEND © 020 8420 1364 CONTACT & BOOKING Organised by Community Learning Partnership. Contact Elizabeth Borg on: © 020 8421 5544 or © 07771 992895 Drop-in for families with children under 10. Information |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). FRIDAY 28 OCTOBER CLP Family Learning Festival: join in our exciting festival, organised in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing, Zumba, Sports & cookery. Also find local opportunities to enjoy learning together. Tasty Tales: A food themed Story session with opportunity to make your own dinner placemat. As Monday 24. Get on-line at the new community cafe. | 1000- 1230 TIME 1000- 1430 1415- 1445 | WHERE The Centre Croxley Green Library Boundary Way | Contact Jane or Sue at ASCEND © 020 8420 1364 CONTACT & BOOKING Organised by Community Learning Partnership. Contact Elizabeth Borg on: © 020 8421 5544 or © 07771 992895 Drop-in for families with children under 10. Information © 0300 123 4049 |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). FRIDAY 28 OCTOBER CLP Family Learning Festival: join in our exciting festival, organised in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing, Zumba, Sports & cookery. Also find local opportunities to enjoy learning together. Tasty Tales: A food themed Story session with opportunity to make your own dinner placemat. As Monday 24. Get on-line at the new community cafe. Refreshments available too. | 1000- 1230 TIME 1000- 1430 1415- 1445 1500- 1700 | WHERE The Centre Croxley Green Library Boundary Way Community Room | Contact Jane or Sue at ASCEND © 020 8420 1364 CONTACT & BOOKING Organised by Community Learning Partnership. Contact Elizabeth Borg on: © 020 8421 5544 or © 07771 992895 Drop-in for families with children under 10. Information © 0300 123 4049 Just drop in. |
| Crafty Creations: learn new craft skills and techniques in a fun, friendly atmosphere. Limited places; adults may bring 1 child (7+). FRIDAY 28 OCTOBER CLP Family Learning Festival: join in our exciting festival, organised in partnership with national charity Campaign for Learning. Lots of free tasters, including: art, singing, Zumba, Sports & cookery. Also find local opportunities to enjoy learning together. Tasty Tales: A food themed Story session with opportunity to make your own dinner placemat. As Monday 24. Get on-line at the new community cafe. Refreshments available too. SATURDAY 29 OCTOBER Croxley Great Barn Tour: Visit one of Hertfordshire's oldest (c.1398) timber-framed buildings: a Grade 2*, 5-bay, | 1000- 1230 TIME 1000- 1430 1415- 1445 1500- 1700 TIME 1045- | WHERE The Centre Croxley Green Library Boundary Way Community Room WHERE Meet: St. Joan of Arc School car park - | Contact Jane or Sue at ASCEND © 020 8420 1364 CONTACT & BOOKING Organised by Community Learning Partnership. Contact Elizabeth Borg on: © 020 8421 5544 or © 07771 992895 Drop-in for families with children under 10. Information © 0300 123 4049 Just drop in. CONTACT & BOOKING © 01923 772 325 Meet then 10-15 minute walk |

Three Rivers Learning Partnership

Promoting Learning in the Community

THREE RIVERS LEARNING PARTNERSHIP CONTACT DIRECTORY

Three Rivers Organisations & Venues offering Learning Information, Opportunities & Tasters

| Organisation/Venue | Address & email | Website & Telephone |
|-----------------------------|---|---|
| Abbots Langley Children's | School Mead, Abbots Langley, WD5 OLB | www.hertsmere-children.co.uk |
| Centre | e: jeanette.white@hertsmereleisure.co.uk | ☎ 01923 268 105 |
| ASCEND | All Saints' Church Centre, Gosforth Lane, | www.ascend.org.uk |
| | South Oxhey. WD19 7AX | № 0208 420 1364 |
| Batchworth Lock Canal | Rickmansworth Waterways Trust, | Michael Coleman, Education |
| Centre | 99 Church Street, Rickmansworth WD3 1JJ | Programme Leader <u>www.rwt.org.uk</u> |
| | e: enquiries@rwt.org.uk | № 01923 778 382 |
| Boundary Way Community Room | Boundary Way, Garston, Watford. WD25 7ST | |
| | | www.chorleywood-pc.gov.uk/bullsland.htm |
| Bullsland Hall | Bullsland Lane, Chorleywood. WD3 5BH | ₾ 01923 282 568 or 285 594 |
| Chess Hall | Loudwater Farm, Loudwater Lane, | |
| | Rickmansworth WD3 4HG | |
| Chorleywood Memorial | Common Rd, Chorleywood, Rickmansworth. | ☎ 01923 282 568 |
| Hall | WD3 5LN | |
| Chorleywood & Loudwater | Lower Road, Chorleywood. WD3 5LB | www.hertschildrenscentres.org.uk/clcc |
| Children's Centre | Lower Road, and reywood. Web 325 | 1 2 2 2 3 3 3 3 4 3 3 4 3 3 4 |
| Chorleywood Primary | Stag lane, Chorleywood. WD3 5HR | |
| School | | |
| CLP (Community Learning | c/o St Martin's Church, Muirfield Rd, South | www.clp.org.uk |
| Partnership Ltd) | Oxhey. WD19 6JD | ☎ 0208 421 5544 |
| | | or 🕾 07771 992 895 |
| CMS (Countryside | West & Southern Area, Nursery Site, | www.hertsdirect.org/healthwalks/ |
| Management Service) | Hixberry Lane. AL4 OTZ | № 01727 848 168 |
| Croxley Green Children's | PO Box 695, Rickmansworth WD3 0DG e: | www.hertschildrenscentres.org.uk/ |
| Centre | admin.croxleygreen@hertschildrenscentres.org.uk | <u>croxleygreen/</u> ☎ 01923 805 110 |
| CVS in Three Rivers | Basing House, 46 High Street, | www.cvs-threerivers.org.uk |
| | Rickmansworth. WD3 1HP | № 01923 711 174 |
| Ebury Way Children's | Raglan Gardens, Oxhey Hall, Watford. | www.hertschildrenscentres.org.uk/ebury |
| Centre | WD19 4LL | № 01923 255 054 |
| Guideposts Trust | Henry Smith House, 3-5 Estcourt Road, | www.guidepoststrust.org.uk |
| • | Watford. WD17 2PT | № 01923 223 554 |
| HCS Careers | Delta House, Avenue One, Letchworth Garden | www.hcsprovek.co.uk |
| | City. SG6 2HU | ☎ 01462 705 000 |
| Hertfordshire Adult & | HAFLS works with partners to deliver informal | www.hertsdirect.org/services/edlearn/hafls/ |
| Family Learning Service | learning opportunities across Hertfordshire. | № 01992 588 756 / 556 194 |
| (HAFLS) | See website for information about HAFLS | |
| | partners near you. | |

| Organisation/Venue | Address & email | Website & Telephone |
|--|---|---|
| Hertfordshire Library Service: | | |
| Abbots Langley Library Chorleywood Library Croxley Green Library Oxhey Library Rickmansworth Library | High Street, Abbots Langley WD5 0AP Lower Road, Chorleywood WD3 5LB Barton Way, Croxley Green WD3 3HB Bridlington Road, South Oxhey WD19 7AG High Street, Rickmansworth WD3 1EH | www.hertsdirect.org Call ☎ 0300 123 4049 and ask for Library by name |
| Herts Trade Union Learning Centre | 27 Woodford Road, Watford WD17 1PB e: eileen.francis@unitetheunion.org | www.htulc.co.uk/ ₱ 01923 201 948 |
| Home-Start (Watford & Three Rivers) | 7 Lord Street, Watford. WD17 2LL e: enquiries@home-startwatford.org.uk | www.home-startwatford.org.uk 10 01923 248 010 |
| Job Centre Plus | Exchange House, 60 Exchange Rd. WD18 0JJ Textphone: **2** 0845 6055 255 standard rate (M-F 8-6 5 9-1) www.jobcentreplus.gov.uk | www.worktrain.gov.uk © 01582 685 200 for job points, training opportunities: Call centre jobseeker direct: © 0845 6060 234 |
| learndirect | National Advice Line 🕾 0800 100 900 | www.learndirect.co.uk |
| Leavesden Country Park | College Road, Abbots Langley. WD5 0GN | |
| Maple Lodge Conservation Society | Maple Lodge Close, off Denham way, Rickmansworth. WD3 95N | www.maplelodge.org ₱ 01923 230 277 |
| Maple Cross Club | Maple Cross Club Ltd., Longcroft Road, Maple Cross, Rickmansworth. WD3 9TJ | ☎-01923 712 410 (After 1600 weekdays & 1200 at weekends) |
| Maple Cross JMI | Denham Way, Maple Cross, Rickmansworth, WD3 955 e: admin@maplecross.herts.sch.uk | www.maplecross.herts.sch.uk/ ☎ 01923 773 189 |
| Mill End Community Centre | Old School Building, Church Lane, Mill End, Rickmansworth. WD3 8HD e: millendcentre@btconnect.com | www.millendcc.co.uk ₱ 01923 493 344 (Mon-Thurs 0900-1200) |
| Next Step (for people 19 & over) | HCS Careers, Delta House, Avenue One, Letchworth Garden City. SG6 2HU National Next Step advisers (7 days/week 0800-2200) © 0800 100 900 | HCS Careers: www.hcsprovek.co.uk 1 01462 705 000 Regional helpline: 1 0845 603 1059 |
| 9 Lives Furniture | 25 Wharf Lane, Rickmansworth WD3 1HA e: marie@9livesfurniture.org.uk | www.9livesfurniture.org.uk/ © 01923 718 666 |
| Northwick Day Centre | Northwick Road, South Oxhey. WD19 6RS e: beverley.barber@hertscc.gov.uk | Contact Bev Barber ☎ 0208 421 1891 |
| Parmiter's School | High Elms Lane, Garston. WD25 0UU Ask for Anne Green | www.parmiters.herts.sch.uk ☎ 01923 671 424 |
| Rickmansworth Aquadrome | Frogmoor Lane, off Harefield Rd. WD3 1NB | |
| Rickmansworth Children's Centre | Shepherd's Lane, Rickmansworth WD3 8JJ e: admin.rickmansworth@hertschildrenscentres.org.uk | www.hertschildrenscentres.org.uk/rickm answorth 1923 772 094 |
| Rickmansworth School | Scots Hill, Rickmansworth. WD3 3AQ | № 01923 773 296 |

| Organisation/Venue | Address & email | Website & Telephone |
|---|--|---|
| Sarratt Village Hall | The Green, Sarratt, Rickmansworth. WD3 6AS | www.sarrattvillagehall.co.uk ₱ 01923 265 881 |
| Sir James Altham Pool | Little Oxhey Lane, South Oxhey. WD19 6FW | www.sirjamesaltham.co.uk © 0208 421 0211 |
| St Michael's Catholic High School | High Elms Lane, Garston, Watford. WD25 055 | www.stmichaelschs.herts.sch.uk |
| South Oxhey Children's Centre | Northwick Road, South Oxhey. WD19 6NL e: admin.southoxhey@hertschildrenscentres.org.uk | www.hertschildrenscentres.org.uk/southoxhey 2008 700 2203 |
| South West Herts Partnership of schools | Kathy Buchannan & Germaine Matthews e: admin@southwesthertspartnership.org.uk | |
| SoXtra Consortium of Schools | Primary Schools: Colnbrook, Eastbury Farm, Greenfields, St Joseph's, St Mary's, St Meryl, Oxhey Wood, Warren Dell, Woodhall. | www.soxtra.org.uk |
| Step Up Learning & Wellbeing Centre | 39 Oxhey Drive, South Oxhey WD19 75D e: admin@stepup39.org.uk | www.ascend.org.uk www.Stepup39.org.uk (under construction) © 0208 428 6725 |
| St Joan of Arc School | High Street, Rickmansworth WD3 1HG | № 01923 773 881 |
| St Meryl School | The Mead, Carpenders Park. WD19 5BT e: admin@stmeryl.herts.sch.uk | www.stmeryl.herts.sch.uk ☎ 0208 428 1695 |
| The Centre & The Music Studio | Hertsmere Leisure, The Centre, Gosforth Lane, South Oxhey. WD19 7AX | www.thecentre-southoxhey.co.uk ₱ 0208 428 4954 |
| Three Rivers District Council | (including Everyday Active), Three Rivers House, Northway, Rickmansworth. WD3 1RL | www.threerivers.gov.uk 10 01923 776 611 |
| Three Rivers Learning Partnership | c/o The Hertfordshire Chamber of Commerce & Industry, 4 Bishops Square Business Park, Hatfield. AL10 9NE | <pre>www.3riverslearningptnrs.btck.co.uk e: lyntelford@hertschamber.com</pre> |
| Three Rivers Museum | Basing House, 46 High Street, Rickmansworth, WD3 1HP e: enquiries@trmt.org.uk | www.trmt.org.uk 1 |
| TCHC (The Consultancy Home Counties Ltd) | Building 1, Marlins Meadow, Croxley Green Business Park. WD18 8YA | www.TCHC.net |

U3A (University of the Third Age):

The activities available to retired/semi-retired people, who join as members, include educational, creative & social activities for those wanting to keep mind & body active & widen their social circle.

Study Groups are organised & arranged by members, some are taught by experts; others share experiences & knowledge of group members, following principle:

'Those who Learn shall also Teach and those who Teach shall also Learn'

U3A Chorleywood: www.u3asites.org.uk/chorleywood
Georgina Barton e: bartongeorgina@hoymail.com
mailto:bartongeorgina@hoymail.com
mailto:bartongeorgina@hoymail.com
mailto:bartongeorgina@hoymail.com
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U3A Croxley Green: www.u3asites.org.uk/croxleygreen
Tim Boudery ☎ 01923 224 234

U3A Rickmansworth: www.u3asites.org.uk/rickmansworth
Jenny Gane ₱ 01923 823 091
e: jennymqane@yahoo.co.uk

U3A Sarratt: www.u3asites.org.uk/sarratt
Margaret Wakeling ☎ 01923 773 672

For FREE learning throughout the year, see our website: www.3riverslearningptnrs.btck.co.uk

| Organisation/Venue | Address & email | Website & Telephone |
|---------------------------------|--|---|
| Watersmeet Theatre | High Street, Rickmansworth.WD3 1HJ | Administration 2 01923 727 386 Box Office 2 01923 711 063 |
| Watford & District YMCA | Woodlands Centre, Linnet Road, off College Road, Abbots Langley. WD5 OGN | www.ymca.org.uk ☎ 01923 662 222 |
| Watford Credit Union Ltd | First Floor, 59 Clarendon Road. WD17 1LA e: info@watfordcreditunion.co.uk | www.watfordcreditunion.co.uk ₱ 01923 236 401 |
| Watford Mencap | The Old Town Hall, 105 High Street, Rickmansworth. WD3 1AN e: reception@watfordmencap.org.uk | www.watfordmencap.org.uk ₱ 01923 713 620 |
| Watford Observer | Observer House, Caxton Way. WD18 8RJ | www.watfordobserver.co.uk/ |
| Watford Rural Parish Council | Oxhey Drive, South Oxhey. WD19 7SB e: admin@watfordrpc.co.uk | ☎ 0208 428 0449 |
| Watford Women's Centre | Upper Mall, 29 Charter Place. WD17 2RU | www.watfordwomenscentre.org.uk ₱ 01923 816 229 |
| Wenta | The Wenta Business Centre, Colne Way. WD24 7ND e: admin@wenta.co.uk | www.wenta.co.uk № 0875 371 0891 |
| WEA | The WEA work in partnership with other Community & Voluntary organisations to provide learning opportunities e.g. ICT, Practical Parent Helpers, PTLLS & more. e: rdavis@wea.org.uk | www.wea.org.uk/eastern Rita Davis, Herts Targeted Programme Organiser © 01438 716 237 |
| West Herts College | www.westherts.ac.uk | ★ Learning Link 01923 812 345 |
| William Morris Labour Club | Henbury Way, South Oxhey. WD19 6AP | ☎ 0208 386 7227 |
| William Penn Leisure Centre | Shepherd's Lane, Rickmansworth. WD3 8JN | www.williampennleisure.co.uk 100 100 100 100 100 100 100 100 100 1 |
| Work Solutions | Apsley Two, Brindley Way, Hemel Hempstead. HP3 9BF | www.hertsdirect.org/worksolutions 10 01442 454 464 Minicom: 01442 454 460 |
| Yogatree | Classes held: the Chess Hall, Loudwater Farm, Loudwater Lane, Rickmansworth. WD3 4HG Plus good weather sessions on Chorleywood Common, see website for dates. | www.yogatree.org.uk Halina Rosensztrauch ☎ 07528 122 281 |

If your local learning organisation would like to be listed in this Guide or if you cannot find the contact details you need for a local learning organisation, please contact Three Rivers Learning Partnership: www.3riverslearningptnrs.btck.co.uk













and



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See









numbers

www.3riverslearningptnrs.btck.co.uk

Three Rivers Learning Partnership brings together organisations involved in adult education in the district to promote adult and family learning opportunities. Three Rivers Learning Partnership thanks all its Partners, sponsors & providers of free learning activities & venues.

More FREE learning:

- For breaking news about Learning Festivals & details of FREE learning activities throughout the year see: www.3riverslearningptnrs.btck.co.uk
- Look out for the next 'Your Guide to Adult Learning in Three Rivers' with FREE learning opportunities for Adult Learners' Week 12 - 18 May 2012.

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Children's Centres













This project has received funding from the Three Rivers District Local Strategic Partnership

Three Rivers Learning Partnership Promoting Learning

in the Community