

Get set go

The Centre
Gosforth Lane
South Oxhey
WD19 7AX

January to March 2012

Come to your local leisure centre to try different sports activities with your friends. We welcome all abilities and carers go free.

Join us on Fridays

13, 27 January

10 February

2, 16, 30 March

10am - 11.30am

Cost £2 per session Max 20 adults per week

Three Rivers District Council 'Get Set' projects aim to increase access to leisure and recreational activities for individuals with a disability.

To book call Lizzy Duck
on 07834 987646

 **THREE RIVERS
DISTRICT COUNCIL**