

# Get set go

The Centre  
Gosforth Lane  
South Oxhey  
WD19 7AX

April to July 2011

Come to your local leisure centre to try different sports activities with your friends. We welcome all abilities and carers go free.

Join us on Fridays

8 April

13, 27 May

17 June

1, 15 July

10am - 11.30am

Cost £2 per session Max 20 adults per week

*Three Rivers District Council 'Get Set' projects aim to increase access to leisure and recreational activities for individuals with a disability.*

To book call Lizzy Duck  
on 07834 987646

 **THREE RIVERS  
DISTRICT COUNCIL**