

Case Study

Support worker

Mike is a support worker in the Watford Mencap community support team. His role is to help people with learning disabilities lead the life they choose.

The duties of a support worker range from taking someone with a learning disability shopping to helping their carers look after them. This provides valuable respite for people who look after others with learning disabilities.

For the last five years, Mike has worked with Kevin, who has a learning disability. With Mike's help, Kevin is able to live independently in his own home and is able to make his own decisions about everyday life.

Mike has also accompanied Kevin as part of a group back-packing in Italy, a first for Watford Mencap. Like all support workers he finds the work rewarding, flexible and, above all, fun!



Mike, support worker with Kevin

“ I love my job – it's brilliant.

Mike, Watford Mencap, support worker

”

People with a learning disability find it harder than others to learn, understand and communicate. Watford Mencap works with adults and children with learning disabilities, their parents and carers, in South West Herts. Although we are affiliated to national Mencap, we are entirely self-funded.



Sponsored by:

John Lewis
Watford

If you would like to become a member of our team please contact:

Jo Warburton, recruitment: **01923 713626**

To support our essential work please visit our fundraising page at
www.watfordmencap.org.uk