Fulfilling

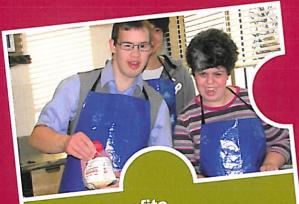
A free local event for people with learning disabilities (14 and over), their parents and carers in the Watford, Three Rivers and Bushey area.

Drop in anytime between 1-8 pm Wednesday 30th October 2013 at West Herts College, Watford Campus, Hempstead Road, Watford WD17 3EZ

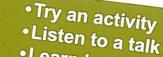
area. What local clubs and activities are there?

How can you access them?

a service user or carer? What do you hope to see in the future?



- Benefits
- Transition
- •Leisure
- Housing & Support
- Work & Learning
- Keeping Safe
- Staying Healthy



 Learn how to get information from the internet



Places may be limited on the talks and activities and will be filled on a first come first served basis so please book when you arrive.

## Refreshments will be available

A full timetable of events will be available in advance at www.watfordmencap.org.uk

Follow us on Twitter @HertsCLDS or @Watford/Mencap

For further information please contact w3rlocalevent@hertfordshire.gov.uk or phone Watford & Three Rivers CLDT on 01442 454343







