



Ways to fundraise for Watford Mencap

- Everyone has to give something up, a fine if they give into temptation!
- Bring in food to share at lunchtime and donate what you have saved in not going to the sandwich shop / canteen!
- Office sweepstakes - anything from the Grand National to the Eurovision Song Contest...
- Sponsored job swap, everyone spends a couple of hours learning to do someone else's job
- Small office competitions, e.g. guess number of sweets in jar at reception
- Donate an hour of your time - employees donate what they would have earned in an hour
- Put a link on your website to Watford Mencap's site, and encourage visitors to donate to Watford Mencap as your chosen charity of the year
- Sponsored challenges – anything from cutting off your hair to losing weight – your colleagues can support you and help raise money at the same time!

4 easy ways with little effort:

- Use Everyclick.com - an internet search engine which gives money to a chosen charity every time you use it
- Donate through our website - www.watfordmencap.org.uk
- Use easyfundraising.com - shop on popular sites such as Amazon, Play.com via easy fundraising and money will be donated to a chosen charity.
- Payroll Giving! Donate to charity each month from your wages.